

Way of Men

How In-Person Coaching Programs work..

I focus on transformational coaching for men in dating, relationships, and social skills through in-person presence of mine. The goal is deep internal change—shifting self-perception, natural confidence, and how one relates to women and social environments.

Transformational coaching is very different in number of ways from traditional coaching provided by most dating coaches.

The core essence of my coaching is changing the energy/vibe a man emits, re-inventing the way he carries and relates to women and thereby influencing the way

women receives him in the context of dating – relationships. In a way I am helping a man to gain leverage.

All of it can only be put inside a clients body (and not just in his mind) through real-time change work.

In addition, there are other essential elements like social tact, overcoming anxiety, reframing language to improve communication, reading women, replacing flawed map of how male- female polarity dynamic works, improving how a man carries himself, developing contextual intelligence, building your emotional intelligence, etc are essential part of my coaching.. It may seem a lot, but its because there are lot of overlaps in some of the elements.

As a byproduct result of above mentioned work, a man regains his confidence, his reality becomes strong, he understand the nuances of all kinds of communication be it virtual or in person, and he becomes 'Good with women'.

What in person sessions are all about?

My method is immersive and personalized as I provide only **one-on-one** coaching. I spend 6–9 hours per session with a client in social settings, guiding them through real-time interactions. Early sessions focus on reframing perspectives, understanding body language, and learning to read social dynamics. Over time, we refine emotional intelligence, interaction pacing, and self-expression while addressing common obstacles like anxiety.

As we move along, and based on your personal journey, I will change the depth of each topic we have already covered in initial sessions and add some more elements in our in person sessions.

As the sessions increases your participation also increases.

As a part of transformation a man must pay attention to mindset about spending money, taking good care of oneself, dressing well, building a love for polarity, self-motivation, lots of self-reflection, get a habit of going out..I will guide you on these factors as we go along.

One essential part of my work as a coach is helping guys getting out of social poverty. Social poverty is a term I used to describe men who have no access whatsoever to

meet and mingle with women.

My coaching program don't have typical modules system. It is spontaneous and lot of topics are covered parallelly.

All my in-person coaching programs includes online coaching via zoom, ongoing support through whatsapp and calls, additional resources like customized audio recordings, and pdfs.

This piece is just an outline of how my in person coaching programs work. However, as we go along there will be tweaks and the pace may alter based on how the journey will evolved..

The matter of the fact is that my clientele ranges from different socio-economic hierarchies and I have to fine tune to the world they come from, especially in social

context. Hence there is a room for customizations.

In no way the presence of this blog limits you to get on video call with me and ask me anything that you think and feel you must know..

